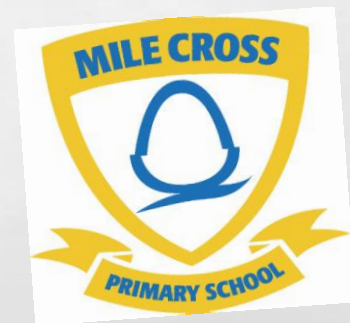


SUPPORTING YOUR CHILD MOVING TO HIGH SCHOOL



- THIS PRESENTATION IS BASED ON A PIECE OF RESEARCH DONE IN THE UK BY A GROUP CALLED THE SCHOOL TRANSITION & ADJUSTMENT RESEARCH STUDY (STARS).
- THEY WORKED WITH 10 SECONDARY SCHOOLS TO FIND OUT HOW PUPILS, PARENTS AND TEACHERS VIEW THE MOVE TO HIGH SCHOOL. THEY ASKED THEM ABOUT HOW THEY FELT ABOUT THE TRANSITION BEFORE (AT THE END OF YEAR 6), DURING (AT THE START OF YEAR 7) AND A YEAR LATER (AT THE END OF YEAR 7).

KEY CONCERNS FOR EVERYONE

- TOP 5 CONCERNS FOR CHILDREN

1. GETTING LOST
2. LOSING OLD FRIENDS
3. HOMEWORK
4. DISCIPLINE AND DETENTIONS
5. BEING BULLIED

- TOP 5 CONCERNS FOR PARENTS

1. BULLYING
2. SAFETY
3. THE AMOUNT OF HOMEWORK
4. ADJUSTING TO HAVING LOTS OF TEACHERS
5. MAKING NEW FRIENDS

The differences between children and parents are probably due to parents' greater life experience, and their adult perspective. For example, even though getting lost was the thing that pupils were most concerned about, their parents realised that pupils would quickly learn to find their way around their new school, whatever the size.

For parents who are worried about bullying, it might help to know that the proportion of young people who said that they had experienced bullying (at school or elsewhere) did not change from Year 6 to Year 7.

YOUR KEY CONCERNS

- TOP 5 CONCERNS FOR STAR PARENTS

1. BULLYING
2. SAFETY
3. THE AMOUNT OF HOMEWORK
4. ADJUSTING TO HAVING LOTS OF TEACHERS
5. MAKING NEW FRIENDS

- YOUR TOP 5 CONCERNS • CHILDREN'S TOP 5 CONCERNS

- | | |
|-----------------------|------------------------------|
| 1. BULLYING | 1. LOSING OLD FRIENDS |
| 2. GETTING LOST | 2. GETTING LOST |
| 3. OLDER CHILDREN | 3. HOMEWORK |
| 4. LOSING OLD FRIENDS | 4. DISCIPLINE AND DETENTIONS |
| 5. MAKING NEW FRIENDS | 5. DIFFICULTY OF WORK |

We asked you to find out what were your key concerns.

As you can see, they aren't too different from those other parents in the research.

HAPPILY!



BY END OF THE FIRST TERM

STUDENTS' CONCERNS ABOUT BULLYING AND GETTING LOST, **REDUCE.**

BY THE END OF Y7

STUDENTS' CONCERNS ABOUT LOSING OLD FRIENDS, HOMEWORK, AND DETENTIONS,
REDUCE.

AND

8 OUT OF 10 PARENTS THOUGHT THEIR CHILD HAD SETTLED IN WELL.

AND!

**EVEN CHILDREN WHO DID NOT GO TO THEIR FAMILY'S FIRST CHOICE OF
SECONDARY SCHOOL WERE JUST AS SETTLED AT THE END OF YEAR 7.**



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**WE'RE
LOOKING
FORWARD
TO..**

- **LESSONS LIKE SCIENCE AS IT GETS INTERESTING**
- **LEARNING DRAMA AND PERFORMING**
- **DOING MY GCSES**
- **GOING ON BETTER TRIPS**
- **GOING TO DIFFERENT CLASSES**
- **GETTING NEW TEACHERS**
- **SWIMMING**
- **COOKING AND ART**
- **ART, ENGLISH, SCIENCE**
- **TRYING OUT NEW SUBJECTS AND LEARNING A NEW LANGUAGE**

HOW CAN YOU HELP YOUR CHILD?



Talk positively about transition.



Create opportunities to keep in contact with old friends and discuss ways to meet new ones.



Help them get organised in advance. Look at a map of the school and timetable. Talk through strategies to use if they get lost.



Find a quiet place for homework.



Look on the high school's website to find out key information and to answer any questions



Reassure your child detention will only be an issue if they misbehave!

USEFUL LINKS



BBC BITESIZE



ANIMATIONS



**EMOTIONAL AND
PRACTICAL SUPPORT**



JUST ONE NORFOLK

TOP TIPS:

- MAKE SURE YOU ARE SIGNED UP TO THE SCHOOL PORTAL WHICH HAS ALL THE INFORMATION YOU NEED - HOW YOUR CHILD HAS BEEN BEHAVING, WHAT HOMEWORK THEY HAVE AND WHAT EXAMS THEY HAVE COMING UP.
- PRACTISE THE JOURNEY TO SCHOOL, PARTICULARLY IF IT INVOLVES PUBLIC TRANSPORT OR A NEW ROUTE TO WALK.
- GO THROUGH THAT SCHOOL CHECKLIST TOGETHER SO THAT THEY HAVE EVERYTHING THEY NEED. GO STATIONERY SHOPPING TOGETHER IF NECESSARY.
- NAME EVERYTHING! LOST PROPERTY IS MORE LIKELY TO GET BACK TO YOUR CHILD IF IT IS CLEARLY NAMED.
- PHOTOCOPY OR TAKE A PHOTO OF THEIR TIMETABLE IN CASE IT GETS LOST. THEY COULD ALSO TAKE A PHOTO ON THEIR PHONE AND SAVE IT AS THEIR BACKGROUND - THAT WAY THEY'LL NEVER BE WITHOUT IT!
- MAKE SURE THEY GET TO BED IN GOOD TIME WITHOUT ANY ELECTRONIC DEVICES, AND THEY HAVE A WATER BOTTLE AND A HEALTHY SNACK FOR TOPPING UP DURING THEIR SCHOOL DAY TOO - THE FIRST WEEK WILL BE VERY TIRING.